

2010/11 term dates

AUTUMN TERM

Thursday 19 August 2010 – All start
Monday 20 September 2010 – Autumn holiday
Tuesday 21 September 2010 – All start
Friday 15 October 2010 – Mid-term break
Tuesday 26 October 2010 – All start
Thursday 23 December 2010 – Term ends

SUMMER TERM

Tuesday 26 April 2011 – All start
Monday 2 May 2011 – May Day, schools closed
Tuesday 3 May 2011 – All start
Monday 23 May 2011 – Victoria Day, schools closed
Thursday 26 May 2011 – All start
Friday 1 July 2011 – Term ends

Free school meals

Your child may be eligible for free school meals if you receive one of the following:

- Child Tax Credit (and your annual income is less than £16,190)
- Child Tax Credit with Working Tax Credit and income below £6420
- Income Support
- Income-based Jobseeker's Allowance
- Support under Part VI of the Immigration and Asylum Act 1999
- Income-Related Employment and Support Allowance

Please ask your child's school for an application form or contact the school Grants, Awards and Placements.

Tel: 0131 469 3471
Email: school.grants@edinburgh.gov.uk

SPRING TERM

Tuesday 11 January 2011 – All start
Friday 11 February 2011 – Mid-term break
Monday 21 February 2011 – All start
Friday 8 April 2011 – Term ends

Primary lunch menus

Our revised primary lunch menus are enclosed for you to see what is on offer this session and discuss menu choices with your child/children. The menus are all nutritionally analysed and comply with the Schools (Health Promotion and Nutrition) (Scotland) Act.

Our pupils know what they like so we have used feedback from pupils and catering staff to ensure that 'favourite dishes' remain on the menu. Edinburgh pupils' favourite dishes include fish, macaroni cheese and roast dinners!

We are committed to sourcing from the UK where seasonality, availability and quality allow. We use local suppliers for meat, vegetables and milk and all our fish comes from sustainable sources.

Many of our schools have had special theme day promotions which are extremely popular. Theme days give pupils the opportunity to taste and learn about new foods. These will be held again during this session and details will be sent to schools nearer the dates.

Thank you to everyone who has contacted us about the school meals, your comments are welcome and help us to improve the service.

Menu and prices

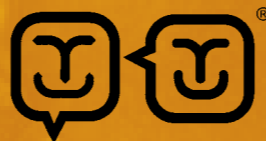
For the second year running we have managed to freeze the price of a school meal so it's still great value at £1.75. For this price your child can have two courses – either soup and main, or a main and a pudding plus vegetables, salad and bread. A sandwich option is also available each day.

Special diets and allergies

Please let your school know if your child has any special dietary needs.

Further information

www.edinburgh.gov.uk/foodinschools
foodinschools@edinburgh.gov.uk



HAPPY TO TRANSLATE

আনন্দের সঙ্গে অনুবাদ করুন
ترجمہ کے لئے حاضر

MOŻEMY PRZETŁUMACZYĆ 很乐意翻译
يسعدنا توفير الترجمة



MENUS 2010/11

• EDINBURGH •
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| | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | MENU CYCLE | |
|---------------|---|---|---|--|---|------------|--|
| WEEK 1 | Lentil soup served with wholemeal bread Breaded haddock fillet or Boston bean hot pot ♣ Boiled potatoes and peas and sweetcorn Salad bowl, seasonal fruit, wholemeal bread | Minced beef, mixed vegetables and creamed potatoes or Pizza, baby jacket potatoes and baked beans ♣ Carrot cake and custard or Fresh fruit platter Salad bowl, crusty brown bread | Carrot soup served with best of both bread Sweet and sour chicken, rice and broccoli or Cheesy pasta, broccoli and roast potatoes ♣ Yoghurt and fruit dippers Salad bowl, best of both bread | Gammon and pineapple, or Savoury Quorn mince ♣ Boiled potatoes, carrot and swede Fruit crumble and custard or Assorted melon Salad bowl, flat bread | PACKED LUNCH DAY | | WEEKS COMMENCING 16 August 6 September 27 September 25 October 15 November 6 December 10 January 31 January 28 February 21 March 25 April 16 May 6 June 27 June |
| | PACKED LUNCH Chicken roll on wholemeal bread or Cheese and tomato on best of both bread ♣ Raisin and oat cookie, fromage frais, seasonal fruit, fruit juice | PACKED LUNCH Tuna mayonnaise on brown bread or Sweet chilli Quorn in a pitta bread ♣ Carrot cake, cheese portion, red grape and kiwi fruit, milk/milkshake | PACKED LUNCH Ham and tomato in a low salt white bun or Savoury cheese on brown bread ♣ Flapjack, yoghurt seasonal fruit, fruit juice | PACKED LUNCH Coronation chicken on wholemeal baguette or Cheese slice on brown bread ♣ Toffee muffin, fruity bites, melon, milk/milkshake | PACKED LUNCH Turkey salad on brown bread or Egg mayonnaise on brown bread ♣ Jelly pot, yoghurt loaf seasonal fruit, milk/milkshake | | |
| WEEK 2 | Breaded chicken bites, baked beans and chips or Quorn hot dog on a finger roll, baked beans and chips ♣ Crumble topped sponge and custard or Seasonal fruit Salad bowl, brown bun | Yellow split pea soup with crusty bread Lamb meatballs in a tomato sauce, carrot batons and pasta twists or Baked potato, with Quorn korma and carrot batons ♣ Fromage frais with fruit dippers Salad bowl, crusty bread | Chicken jambalaya, rice and sweet corn or Pizza, potato wedges and sweet corn ♣ Caramel flan and custard or Pineapple and kiwi fruit Salad bowl, white roll | Chicken noodle soup and wholemeal baguette or Oven baked pork sausages, peas and creamed potato or Cheese and lentil enchilada with side salad and potato salad ♣ Fruit platter Salad bowl, wholemeal baguette | PACKED LUNCH DAY | | WEEKS COMMENCING 23 August 13 September 4 October 1 November 22 November 13 December 17 January 7 February 7 March 28 March 2 May 23 May 13 June |
| | PACKED LUNCH Sliced ham on brown bread or Savoury cheese on best of both bread ♣ Crumble topped muffin, yoghurt, seasonal fruit and milk/milkshake | PACKED LUNCH Chicken mayonnaise and tomato in a wrap or Sliced egg and cucumber on a brown roll ♣ Melting moment, cheddar finger, green grapes, fruit juice | PACKED LUNCH Tuna mayonnaise on brown bread or Cheese slice on brown bread ♣ Caramel biscuit, fromage frais, seasonal fruit, milk/milkshake | PACKED LUNCH Turkey on brown bread or Egg mayonnaise on a brown roll ♣ Lemon cup cake, fruity bites, fresh fruit salad, fruit juice | PACKED LUNCH Wafer thin ham and salad on a brown roll or Cheese and tomato on best of both bread Chocolate cookie, fruit pot, seasonal fruit, milk/milkshake | | |
| WEEK 3 | Breaded salmon fillet, new potatoes and peas or Macaroni cheese, new potatoes and peas ♣ Chocolate crispy and custard or Seasonal fruit Salad bowl, brown bread | Home made tomato and lentil soup with low salt bun Chicken curry, rice and mixed vegetables or Quorn burger in a bun, salad and seasoned diced potato ♣ Fresh fruit platter Salad bowl, low salt bun | Beef Bolognese, penne pasta and sweetcorn or Baked potato, cheese and beans ♣ Iced chocolate sponge and custard or Jelly and fruit Salad bowl, Polar bread | Leek and potato soup served with crusty bread Turkey with gravy, roast potatoes and broccoli or Vegetable lasagne, garlic bread and salad ♣ Fresh fruit cup Salad bowl, crusty bread | PACKED LUNCH DAY | | WEEKS COMMENCING 30 August 20 September 11 October 8 November 29 November 20 December 24 January 21 February 14 March 4 April 9 May 30 May 20 June |
| | PACKED LUNCH Tuna mayonnaise on medium brown bread or Cheese salad on best of both bread ♣ Crispy cake, fromage frais, seasonal fruit and milk/milkshake | PACKED LUNCH Ham, cheese and tomato on a brown low salt bun or Egg mayonnaise in a wrap ♣ Fruit biscuit, yoghurt, fresh fruit, fruit juice | PACKED LUNCH Chicken mayonnaise in a white low salt bun or Savoury cheese on brown bread ♣ Chocolate cup cake, cheese portion, slice of melon, milk/milkshake | PACKED LUNCH Ham salad on best of both bread or Coronation Quorn in a pitta bread ♣ Jelly pot, Demerara shortbread, seasonal fruit, fruit juice | PACKED LUNCH Turkey salad on brown bread or Sliced egg on a brown bun ♣ Fruit yoghurt, banana loaf, seasonal fruit and milk/milkshake | | |

♣ Vegetarian option